

**Core Values Activity:**

[Live Your Core Values: 10-Minute Exercise to Increase Your Success - TapRoot® Root Cause Analysis](#)

**Videos to Watch:**

[Comic Recreates Autism Spectrum - YouTube](#)

[Interoception: The New Topic in Autism - YouTube](#)

[What is Central Coherence in Autism? - YouTube](#)

[What is Alexithymia? \(describing emotion\) - YouTube](#)

[What are Executive Functions? - YouTube](#)

[Growth Mindset vs. Fixed Mindset on Vimeo](#)

[Clinical Psychology Explained - Formulation - YouTube](#)

**Articles /Books to Read:**

[Theory of Own Mind, interoception and managing your own emotions – AUTISM in CONTEXT \(petervermeulen.be\)](#)

[The double empathy problem \(autism.org.uk\)](#)

Uniquely Human

Theory of Mind and the Triad of Perspective on Autism and Asperger Syndrome: A View from The Bridge

Neurotribes

[The Essential Guide to the Autism Level UP Levels! – Autism Level UP!](#)

[Choosing Autism Interventions: A Research-Based Guide: Amazon.co.uk: Fleming, Bernard, Hurley, Elisabeth, The Goth: 9781910366769: Books](#)

Autism and Childhood Apraxia of Speech, Karen Massey

[Landmark report on evidence for interventions for children on the autism spectrum | Autism CRC](#)

[Coventry Grid \(drawingtheidealsself.co.uk\)](#)

Formulation Leaflet - [DCP 2010 3 fold \(bps.org.uk\)](#)

[Getselfhelp.co.uk Free Downloads - CBT worksheets & leaflets](#)

**Good Podcasts:**

21 and Sensory

Living a Sensory Life

The Autism Podcast

Ambitious about Autism

Uniquely Human

SENDcast

**Intervention List:**

[The SCERTS® Model](#)

[Picture Exchange Communication System \(PECS\)® | Pyramid Educational Consultants UK \(pecs-unitedkingdom.com\)](#)

[Practical Help with Autism | Gina Davies Autism Centre](#)

[Jessica Kingsley Publishers – Jessica Kingsley Publishers - UK \(jkp.com\)](#)

[Resources \(elklan.co.uk\)](#)

[Talkabout - Book Series - Routledge & CRC Press](#)

[Talking Mats | Improving communication, improving lives](#)

[NDP3 – For the management of Childhood Apraxia of Speech/Developmental Verbal Dyspraxia and other severe speech disorders](#)

[Strategies and interventions - SPELL \(autism.org.uk\)](#)

[What Is A Social Story? - Carol Gray - Social Stories](#)

[Home | TEACCH® Autism Program](#)

Comic Strip Conversations

Core Vocabulary/Aided Language Stimulation ([How I Do It: Using PODD books and Aided Language Displays with Young Learners with Autism Spectrum Disorder : PrAACtical AAC](#))

Positive Behaviour Support

AAC – Check out Proloquo2go, Aided Language Stimulation, Smart Box, Liberator (the list goes on!)

[Cat-kit \(cat-kit.com\)](#)

Vocabulary Enrichment Programme, Victoria Joffe

Speechmark Cards

Teaching Children to Listen

Hanen Training and Resources

Takes Two to Talk

Social Skills Picture Book

Social Skills MeNU

Incredible 5 Point Scale

Schubi sequencing cards

Black Sheep Press – Narrative packs in particular

Lego Therapy

I am Unique

I Am Special

Mind Maps

St Catherine's Interview Skills

Language for Thinking

Reading Between the Lines

[Intensive Interaction - Fundamentals of Communication](#)

[What is the Low Arousal Approach? \(studio3.org\)](#)